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Champion Tae Kwon Do Tiger Cubs 1st Test

Name: _____ Age: _____ Date: _____

STANCES

FRONT STANCE	A	B	C	D	F
WALKING STANCE	A	B	C	D	F
HORSE STANCE	A	B	C	D	F

BLOCKS

LOW BLOCK	A	B	C	D	F
MIDDLE BLOCK	A	B	C	D	F
HIGH BLOCK	A	B	C	D	F

EXAMINER: _____ PASS / FAIL