



Champion Tae Kwon Do Tiger Cubs 2nd Test

Name: _____ Age: _____ Date: _____

STRIKES

LOW PUNCH	A	B	C	D	F
MIDDLE PUNCH	A	B	C	D	F
HIGH PUNCH	A	B	C	D	F

KICKS

FRONT KICK	A	B	C	D	F
ROUND KICK	A	B	C	D	F
SIDE KICK	A	B	C	D	F

EXAMINER: _____ PASS / FAIL