



# Champion Tae Kwon Do Tiger Cubs 5th Test

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

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## KICKS

THRUST KICK	A	B	C	D	F
PUSH KICK	A	B	C	D	F
CRESENT KICK	A	B	C	D	F

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## BLOCKS

OUTSIDE MIDDLE BLOCK Front Stance	A	B	C	D	F
FOREARM BLOCK Back Stance	A	B	C	D	F
KNIFE HAND BLOCK Back Stance	A	B	C	D	F

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EXAMINER: \_\_\_\_\_

PASS / FAIL