



Champion Tae Kwon Do Tiger Cubs 6th Test

Name: _____ Age: _____ Date: _____

COMBINATION TECHNIQUES

KNIFE HAND BLOCK >> REVERSE MIDDLE PUNCH

Back Stance >> Front Stance

A B C D F

FRONT KICK >> ROUND KICK >> SIDE KICK

Front Stance stepping forward alternating

A B C D F

FORMS

TAEGUK IL JANG
(10 Steps)

A B C D F

TERMINOLOGY

HANA * DUL * SET * NET * DASUT * YASUT * ILGUP * YDUL * AHOPE * YUL
YES NO

KYOSANIM YES NO

SABUMNIM YES NO

BARO YES NO

DIRO DORA YES NO

POOMSE YES NO

EXAMINER: _____

PASS / FAIL