



# Champion Tae Kwon Do Tiger Cubs 7th Test

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

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## BREAKING

FRONT KICK	A	B	C	D	F
PUNCH	A	B	C	D	F

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## SPARRING

ATTACKING	A	B	C	D	F
SPEED	A	B	C	D	F
DEFENSE	A	B	C	D	F
BALANCE	A	B	C	D	F
CONCENTRATION	A	B	C	D	F
FLEXIBILITY	A	B	C	D	F

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EXAMINER: \_\_\_\_\_

PASS / FAIL