



**Champion Tae Kwon Do
Tiger Cubs 8th Test
(8th Gup Yellow Belt)**

Name: _____ **Age:** _____ **Date:** _____

STRIKES

ELBOW STRIKE Front Stance	A	B	C	D	F
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ELBOW STRIKE Horse Stance	A	B	C	D	F
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**POOMSE
FORMS**

TAEGUK IL JANG (Complete 18 Steps)	A	B	C	D	F
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TERMINOLOGY

MAKKI	YES	NO
CHAGI	YES	NO
DOBOK	YES	NO
AP SOGI	YES	NO
AP KUBI	YES	NO
DWIT KUBI	YES	NO
JOOMCHOOM SOGI	YES	NO

EXAMINER: _____ **PASS / FAIL**